





2024
COMMUNITY
BENEFIT
REPORT



#### **About Memorial Health**

One of the leading healthcare organizations in Illinois, Memorial Health is a community-based, not-for-profit organization that provides a full range of inpatient, outpatient, home health, hospice, behavioral health and primary care physician services. With eight affiliates based in central Illinois, we deliver high-quality, patient-centered care in support of our mission to improve lives and build stronger communities through better health.

Learn more online at memorial.health.



# Trauma-Informed Care Training Provides Insight on Community's Mental Health Needs

Mental health emerged as a major concern for people across the region in both the 2021 and 2024 Community Health Needs Assessments, leading Memorial Health to select it as the systemwide priority during both cycles of the CHNA process.

One of the ways Memorial addressed that need in 2024 was offering in-person and virtual trauma-informed care training sessions in every county where a Memorial hospital is located.

Trauma-informed care is an approach to care that acknowledges a person's full life history and circumstances, including difficult experiences that may influence their outlook. It helps ensure that care providers, including healthcare professionals, are approaching people in a way that doesn't deepen the impact of their past trauma.

"Every person has some sort of trauma, and every person, based on their lived experiences, deals with that trauma in different ways," said Sonja Chargois, community health and equity, diversity and inclusion coordinator at Decatur Memorial Hospital, who coordinated the training sessions. She cited gun violence, crime and racism as examples of traumatic experiences that affect the lives of people across central Illinois.

**EXPANDING CAREGIVER KNOWLEDGE** 

The free trainings, which were designed for people in caregiving professions but open to anyone interested in learning more, emphasize the importance of being aware of people's past trauma and the many ways it can affect their mental and physical health.

Sessions in Christian, Logan, Morgan and Sangamon counties were led by instructors from Memorial Behavioral Health, while Macon County sessions were led by Heritage Behavioral Health Center and S Consulting.

More than 300 people registered for the five inperson and three virtual sessions, representing not only healthcare professionals, but also educators, counselors, religious leaders, youth program leaders and others—most from the local area, but some from out of state. Continuing education credits were provided for those with professional licenses.

"It shows that a wide variety of people understand the importance of being trauma-informed, and that there's a real need in our communities," Chargois said, adding that Memorial plans to continue offering these sessions in the coming year.



# Free Cancer Screenings across the Region

Each year, Memorial Health partners with other organizations to provide free cancer screenings in communities across the region.

# **Colorectal Cancer Screening Kit Distribution**

DECATUR

82

kits distributed

**JACKSONVILLE** 

169

kits distributed

LINCOLN

40

kits distributed

SPRINGFIELD

159

kits distributed

**TAYLORVILLE** 

60

kits distributed

Area-wide, 40 patients who received colorectal screening kits received positive test results and were referred for more testing and potential treatment.



## **Skin Cancer Screening Events**

(in partnership with SIU Medicine)

DECATUR

42

patients screened

JACKSONVILLE

80

patients screened

**SPRINGFIELD** 

119

patients screened



Area-wide, 42 patients were referred for follow-up or biopsies.

### Mammogram Mondays

DECATUR

19

total screenings

JACKSONVILLE

14

total screenings

LINCOLN

25

total screenings

SPRINGFIELD

33

total screenings

**TAYLORVILLE** 

13

total screenings

Area-wide, 14 patients were referred for further testing.



# Memorial Hospitals Partner to Help Local Kids, Families

Across the region, Memorial Health hospitals partner with local school districts and other community organizations on a range of projects aimed at improving the health and well-being of kids and families around the area.

Here are a few of those partnerships' accomplishments in 2024:

Decatur Memorial Hospital continued its partnership with Hope Academy, a K-8 school in Decatur Public School District 61 that serves mostly students from low-income families. For the school year beginning in fall 2024, DMH shifted its focus from third- through fifthgrade students to sixth- through eighth-grade students, continuing to offer health and wellness resource fairs and safety education while also offering opportunities for students to explore healthcare careers.

Throughout the year, *Springfield Memorial Hospital* colleagues visited students at the Health Science Academy at Springfield Southeast High School to provide information about a wide range of healthcare careers. Students also got the opportunity to visit Memorial facilities, including the Memorial Learning Center, to get hands-on experience.

Jacksonville Memorial Hospital held its second annual Summerfest, a youth-focused event and food distribution organized by the Healthy Communities Collaborative, which includes JMH, Prairieland United Way, Salvation Army, Spirit of Faith Soup Kitchen, Jacksonville Food Center and the Jacksonville Area Chamber of Commerce. Held at Community Park, Summerfest featured 39 vendors and a large-scale food distribution. JMH received a \$6,750 grant from Dot Foods for purchasing food from Dorothy's Market, with additional contributions of 9,600 pounds of food from Dot Foods and 10,000 pounds from Central Illinois Foodbank. This effort provided food for 200 local families, along with an extra 105 families served through the United Way's food drive.

Lincoln Memorial Hospital launched a text message campaign aimed at improving the well-being of freshmen at Lincoln Community High School. Students and parents can subscribe to Railer Reach Out to receive text messages about resources related to mental health, substance use and other health issues. Railer Reach Out was created by the LMH Youth Mental Health Coalition, which is dedicated to improving the well-being of young people in the community by providing resources and support.

In partnership with the Christian County YMCA, *Taylorville Memorial Hospital* hosted a Back to School Health and Resource Fair. The event included information about community resources and a cookout presented by Dinner Seasoned with Love, whose Operation Loaded Book Bag program provided school supplies free of charge to local children.



# Community Health Needs Assessments and Implementation Strategies

Every three years, Memorial Health conducts Community Health Needs Assessments in collaboration with county health departments and other community health and social service providers. During FY22–24, Memorial Health addressed community health priorities that emerged in the 2021 Community Health Needs Assessments. The most recent Community Health Needs Assessments were conducted in 2024 and produced a new set of priorities that will be addressed in FY25–27.

Detailed information on each hospital's Community Health Needs Assessment and outcomes of the implementation strategies are available at memorial.health/about-us/community-health.

### Community Health Needs Assessment 2022–2024 Priorities

#### Memorial Health

Mental Health

#### Decatur Memorial Hospital

- Mental/Behavioral Health
- Economic Disparities
- Access to Health

#### Jacksonville Memorial Hospital

- Mental Health
- Obesity
- Cancer

#### Lincoln Memorial Hospital

- Youth Mental Health
- Obesity
- Substance Use

## Springfield Memorial Hospital

- Mental/Behavioral Health
- Economic Disparities
- Access to Health

#### Taylorville Memorial Hospital

- Mental Health
- Obesity
- Lung Health

# Community Health Needs Assessment 2025–2027 Priorities

#### Memorial Health

Mental Health

#### Decatur Memorial Hospital

- Mental Health
- Racism
- Cancer
- Unemployment

#### Jacksonville Memorial Hospital

- Mental Health
- Heart Disease
- Cancer
- Healthy Eating

#### Lincoln Memorial Hospital

- Mental Health
- Healthy Weight
- Cancer

#### Springfield Memorial Hospital

- Mental Health
- Chronic Disease
- Homelessness
- Substance Use

#### Taylorville Memorial Hospital

- Mental Health
- Heart Disease/Stroke
- Access to Primary Care Physicians



Community Health Improvement	\$ 1,543
Health Professions Education	\$ 5,208
Subsidized Health Services	\$ 34,201
Research	\$ 12
Cash/In-Kind Contributions	\$ 50,682
Community Building Activities	\$ 2,269
Community Benefit Operations	\$ 656
Financial Assistance	\$ 7,965
Unpaid Medicaid	\$ 40,740
Unpaid Medicare	\$ 118,203
Bad Debt	\$ 86,909

dollars in thousands

Decatur Memorial Hospital	FY 2024
Community Benefit Total	\$ 17,389
Patient Financial Assistance	\$ 490
Unpaid Medicaid	\$ 10,388
Other Community Programs	\$ 6,511
Decatur Memorial Foundation	\$ 1,699
Jacksonville Memorial Hospital	FY2024
Community Benefit Total	\$ 10,681
Patient Financial Assistance	\$ 1,286
Unpaid Medicaid	\$ _
Other Community Programs	\$ 9,395
Jacksonville Memorial Foundation	\$ 40
Lincoln Memorial Hospital	FY2024
Community Benefit Total	\$ 6,326
Patient Financial Assistance	\$ 818
Unpaid Medicaid	\$ 1,800
Other Community Programs	\$ 3,708
Lincoln Memorial Foundation	\$ 149
Springfield Memorial Hospital	FY2024
Community Benefit Total	\$ 97,556
Patient Financial Assistance	\$ 4,245
Unpaid Medicaid	\$ 21,068
Other Community Programs	\$ 72,243
Springfield Memorial Foundation	\$ 378
Taylorville Memorial Hospital	FY2024
Community Benefit Total	\$ 3,116
Patient Financial Assistance	\$ 747
Unpaid Medicaid	\$ 1,976
Other Community Programs	\$ 393
Taylorville Memorial Foundation	\$ 14



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